

# THE HIGHEST AMERICA'S MOUNTAIN

## ACONCAGUA (6.959m)

Normal Route  
(19 days)

**“Technically easy, but physically very demanding, it is about the ascent of the highest mountain in America, with a program that will help the chances of reaching the summit”**

### The expedition:

In the high mountain ascents of the **Andes**, and particularly in this one, due to its height, adequate acclimatization is one of the factors that most affects the chances of reaching the summit..

The summit of **Aconcagua** is the **America's roof** and, without counting the great mountain ranges of Asia, it is the highest mountain on the planet; but it is also an excellent opportunity to climb a mountain of almost 7,000 meters

Even though it is considered **technically easy**, it takes great stamina, good teamwork, and optimal planning and strategy to have a good chance of success. Another determining factor is personal equipment: clothing, boots, gloves or sleeping bag, among others. You will find at the foot of this program the recommendations to be adequately equipped to this great mountain.

It is very important to remember that the key to success in this type of mountain is to **reserve our physical and mental energy**: during the approach, we will only think about getting a good acclimatization, having a good time and getting to know the mountain; to worry about the summit, only at the right time and not before.

The **Aconcagua** summit will always be a great challenge for mountaineers from all over the world. Our challenge is to make it more accessible for those who decide to go up with us.



## Itinerary:

### Day 0 - 1: Flight to Buenos Aires – Mendoza

Arrival in Buenos Aires and connection to Mendoza. Transfer to the hotel in private transport.  
*Hotel*

### Day 2: Mendoza - Penitentes

After completing the mandatory permit process for the ascent to Aconcagua, we will go to Penitentes in private transport. We will stop in Uspallata to eat a good barbecue!  
*Hotel (B, D)*

### Day 3: Penitentes – Confluencia

After breakfast and on the way to Penitentes at the entrance of the Aconcagua Provincial Park, we will stop at Puente del Inca, where we will observe the fabulous natural bridge over the Las Cuevas river. Transfer to the entrance of the Park and trekking to Confluencia (3,200m), the first camp on the approach to Plaza de Mulas CB (3h).  
*Camp (B, L, D)*

### Day 4: Confluencia – Plaza Francia - Confluencia

Trekking till Aconcagua's South face. 7 horas. Acclimatizing day. Espectacular trek at the base of the Aconcagua  
*Camp (B, L, D)*

### Day 5: Confluencia - Plaza de Mulas 4300m

Trekking till Plaza de Mulas (4.300m). De 7 a 9 hores. Long and hard day.  
*Camp (B, L, D)*

### Day 6: Relax

Relax day. We'll stay at the BC, relaxing and acclimatizing.  
*Camp (B, L, D)*

### Day 7: Plaza de Mulas – Camp Cambio de Pendiente 5100m – Plaza de Mulas

Will be a day for transport a part of our equipment to Camp 1, Cambio de Pendiente, at 5.100m. Is a 6 hours day up and down. We'll back to the BC for sleep and eat.  
*Camp (B, L, D)*

### Day 8: Plaza de Mulas – Cerro Bonete

Climb up to Cero Bonete summit of 5100m, but the main goal will be acclimatizing!!  
*Camp (B, L, D)*

### Day 9: Relax

Relax day. We'll stay at the BC, relaxing and acclimatizing.  
*Camp (B, L, D)*

### Day 10: Plaza de Mulas - Camp 1 Cambio de Pendiente 5100m

We'll go up to sleep at camp 1 Cambio de Pendiente. Here the ascent begins properly and we will begin to notice the effects of this great mountain, the cold and the height.  
*Camp (B, L, D)*

### Day 11: Camp 1 Cambio de Pendiente 5100m – Camp 2 Cólera 6000m – Camp 1

It will not be necessary to get up early to make the climb to the next camp. The hardness of the altitude will already be noticeable on this day of change of camp. Acclimatization day above 5100 meters and back to C1. From 4 to 5 hours to Cólera, our next Camp 2, and about 2 hours down.  
*Camp (B, L, D)*

**Day 12: Camp 1 - Camp 2**

Climb up to camp 2 again. We'll take from 4 to 5 hours till Cólera, our Campo 2, at 6.000m.  
*Camp (B, L, D)*

**Day 13: Camp 2 - Aconcagua 6959m – Camp 2**

Summit day! It will be a hard, long and cold day! The height of our situation and the strong winds that normally blow on this mountain, will make this day a tough stage! We'll be between 9 and 11 hours, counting the return to C2.  
*Camp (B, L, D)*

**Day 14: Extra day in case of bad weather**

Descent to Plaza de Mulas BC, or will be an extra day in case of bad weather.  
*Camp (B, L, D)*

**Day 15: Extra day in case of bad weather**

Extra day in case of bad weather.  
*Camp (B, L, D)*

**Day 16: Plaza de Mulas descent**

Descent to Plaza de Mulas BC.  
*Camp (B, L, D)*

**Day 17: Plaza de Mulas – Penitentes - Mendoza**

Long trek back to the entrance of the Park where the private transport will pick us up, and take us to Penitentes to collect our luggage lowered by mules, and private transfer to Mendoza.  
*Hotel (B, L)*

**Day 18: Mendoza airport flight back home**

Transfer to the airport and back home. End of our services.  
*(B)*

**Day 19: Arriving at home**

Arriving at home.

Legend:

B: breakfast, L: lunch, D:dinner