

BOLÍVIA

Acotango de 6056m & Parinacota de 6330m program

This program will take us to the magical areas of Titicaca Lake and the Isla del Sol, to the peaks of Parinacota! This first area of the Titicaca lake will be part of our acclimatization.

After the great lake, we go to the heart of the Royal Mountain Range to continue with our acclimatization process.

The last part of the program will take us to the Sajama National Park, to make the ascents of the Acotango of 6056m, and the Parinacota of 6330m.

We will also have time to visit hot water surges, geysers and some of the tallest forests on earth.

Come with us in Bolivia!!



Itinerary

Day 1: Vol Barcelona – La Paz.

Meet with guide and transfer to hotel. 45 minutes.

*Hotel****

Day 2: La Paz – Copacabana – Yumani , Isla Del Sola

We leave La Paz in the morning and drive through the Altiplano (4000m), passing the Cordillera Real on our right. This area is very dry but we will be able to see the campesinos (farmers) herding their llamas. We make a couple of stops along the way. At Tiquina village we will cross the lake by boat. After a short drive we arrive at Copacabana, where we can visit the old Cathedral from the 16 th century. We stop for lunch in Copacabana, before we take the boat over to Isla del Sol. We make a stop at ruins of Pilko Kaina and then onto Yumani where we can see another impressive Inca site, Escalera Del Inca.

4 hours driving, 1 hour by boat and 1 hour waking.

Hotel 3 (B, L, D).*

Day 3: Yumani (3850m) – Challapampa (3820m) – Copacabana (3820m).

Today we will make an easy trek along the island. Along the way we have views of the Mountains and the lake. After 2 to 3 hours of walk we arrive at the ruins of Chincana. Not far is the village of Challapampa were we take the boat back to Copacabana. 2 - 3 hours walking, 1½ hours by boat.

Hotel 3(B, L, D).*

Day 4: Copacabana – Lake Quta Qutia (4450m) - Laguna Ajwani (4600m).

After breakfast we drive out to Lake Quta Qutia. First we drive to Tiquina to cross the lake. We take the highway heading back to La Paz and about one before La Paz we take one of the roads heading up one of the valleys to the base of the mountains in the Cordillera Real. Once we reach Lago Quta Qutia we have some lunch and start out trek. We have a short climb to a small pass. From the pass we can see our next camp across the valley. For the pass we have steep down hill to the bottom of the valley. We cross a small river and have a rising traverse to Laguan Ajwani. Our gear is taken by vehicle to our camp. We will have time to check out the area and the lakes near by.

3 hours driving, 3 - 4 hours walking.

Camping (B, L, D).

Day 5: Laguna Ajwañi – Condoriri (4700m) - La Paz.

This day we will have to make an early start, we have three pass to cross and it's a long day. At the second pass we will get our first views of the Cabaza de Condor (5648m), the Matterhorn of Bolivia. Crossing the last pass we will get to the base camp of Condoriri. The camp is in beautiful surroundings next to a lake with great views of the mountains. From here we have one more hour walking to the bottom of the valley where we meet our transport back to La Paz. Drop off at hotel. 6 - 8 hours walking.

Hotel (B, L).

Day 6: La Paz (3600m) – pueblo de Sajama (4220m).

We will drive from La Paz through El Alto and onto the Altiplano (4000m), which is open and dry. On the drive out we pass small communities, these people mainly live from herding their llamas. A few hours before the village of Sajama we get our first views of Sajama mountain, lonely by itself. We will stay the night in Sajama and have the opportunity to visit the hot springs. 4 - 5 hours driving.

Hostel (B, L, D).

Day 7: Sajama village - Campo Base (5200m) – Cumbre del Acotango (6056m) – Sajama.

We have an early start in morning for our summit attempt. First we have to drive for about 1 hour to the base camp. From here we start our climb. We follow the west ridge, with views of Sajama behind us. We walk on loss rock and snow which takes us to the summit, which is the border for Bolivia and Chile. On the summit with have great views of all the mountains around us and Lago Chungara. We take the same way back down to high camp and drive back to Sajama village. 1 hour driving each way, 8 - 12 hours climbing.

Hostel (B, L, D).

Day 8: Sajama village. Relax.

Rest day in Sajama village. We can visit the geysers and hot springs in the area.

Hostel (B, L, D).

Day 9: Sajama – Parinacota (6330m) - Sajama.

We will drive early in the morning to the high camp of Parinacota. We can only drive out by 4x4 as the sand is deep and soft. Once at the high camp we have a 1 hour walk to the saddle of Parinacota and Pomerape. Climbing the slopes at an inclined at 33 degrees which makes the climb easy, but it is a long way. Later in the season we need to fight our way through the Penitents, which does make it harder. However, from the summit we will be able to see Sajama and Cerro Guallatiri (6063m) in Chile. We head down the same way and drive back to Sajama village. 10 - 16 hours climbing.

Hostel (B, L, D).

Day 10: La Paz

IAfter breakfast we pack up and head back to La Paz. Arrive around 1pm in La Paz Farewell dinner in La Paz. 4 - 5 hours driving.

Hotel 3 (B, L, D).*

Day 11:

Transfer to airport 45 minutes (B).

Legend: B: breakfast, L: lunch, D:dinner