

# ELBRUS 5642m, SKIMO AT THE HIGHEST TOP OF EUROPE

## Skimo Elbrus program

During long time the 5.642 meters Elbrus peak was forgot it, but is the no C.E.E. Europe highest peak. Thanks to flight companies facilities last years it became easily fly to this area, and joint to the political aperture to the active tourism, did Elbrus peak the objective for a lot of climbers.

Placed in the Kabardino Balkaria Russian republic, is called in this place, the Mangitau, with meaning "The top over thousands of mountains". In this Caucasus mountainous area there are more than 160 peaks over 4.000 meters and 8 over 5.000!

On 1829 July 22, the caucasian Illar Khashirov, scientific-army Russian expedition leader, reached the pass between massif both peaks. Thirty nine years later Douglas Frehfield, British expedition member, reached the 5.626 meters East peak.

The main peak was first time climbed, by British expedition lead by F. Crauford Grove, on 1874 July month.

In a 9 days expedition, we'll attempt to reach the West peak Elbrus massif. If the acclimatized group is good, the climb up speed correct and good climatology conditions, we'll have the possibility for reach the 5.626 meters East peak during the same day.



## Route

### Day 1: Flight Barcelona – Moscow – Mineralnye Vody.

Four hours transfer to Azau village in Baksam valley. Stay in hotel at 2.300 meters.  
*Hotel\*\* (D).*

### Day 2: Acclimatize at Elbrus massif.

By lift will up to Mir Station till 3500m. By skis we will hike up 450m in 4 hours approximately, very slow, just higher of Barrels Camp. Here you will have your first contact of Mt. Elbrus. We will spend the night in Hotel again.  
*Hotel \*(B,L,D).*

### Day 3: Acclimatize at Prijut Hut at 4.150m.

After breakfast we will go to the Elbrus Cable Car Station and take the lift up to the Mir Station at 3.500m again. From here we will hike to 4.200, to the site of the Prijut hut. We'll up 700 meters in 4 hours. We'll descent till Barrels Camp at 3800, where we'll spent the night in a comfortable cabin.  
*Hut (B,L,D).*

### Day 4: Acclimatize at Pastukhov rocks.

After breakfast, we will hike up to the Pastukhov Rocks at 4.800 meters. We'll up 1000 meters in 5 hours approximately, and again will spend the night in the hut.  
*Hut (B,L,D).*

### Day 5: Relax day.

Relax day in the camp for our good acclimatation.  
*Hut (B,L,D).*

### Day 6: Elbrus summit day.

Summit day! We will have breakfast at 3 am and leave at 4 am. Time to the Europe highest mountain is normally 6 to 10 hours, and the descent to the hut takes another 2 hours. Reaching the hut between 12:00 to 14:00, depending of the snow conditions. It is advisable to take a "snow cat" to do the first part of the climb (not included in price). 1.100 meters up and 1850 skiing down!  
*Hut (B,L,D).*

### Day 7: Reserve day.

Reserve day. If the weather in the area is not good, will be a reserve day for the summit or descend to Azau and stay overnight in Hotel.  
*Hut (B,L,D).*

### Day 8: Descent.

In the morning we descend to Azau and stay overnight in Hotel. Or we'll go to Pyatigorsk.  
*Hotel (B).*

### Day 9: Flight to home.

Trip to Mineralnye Vody by private transport, and flight back home.  
*(B).*

Legend: B: breakfast , L: lunch, D: dinner